

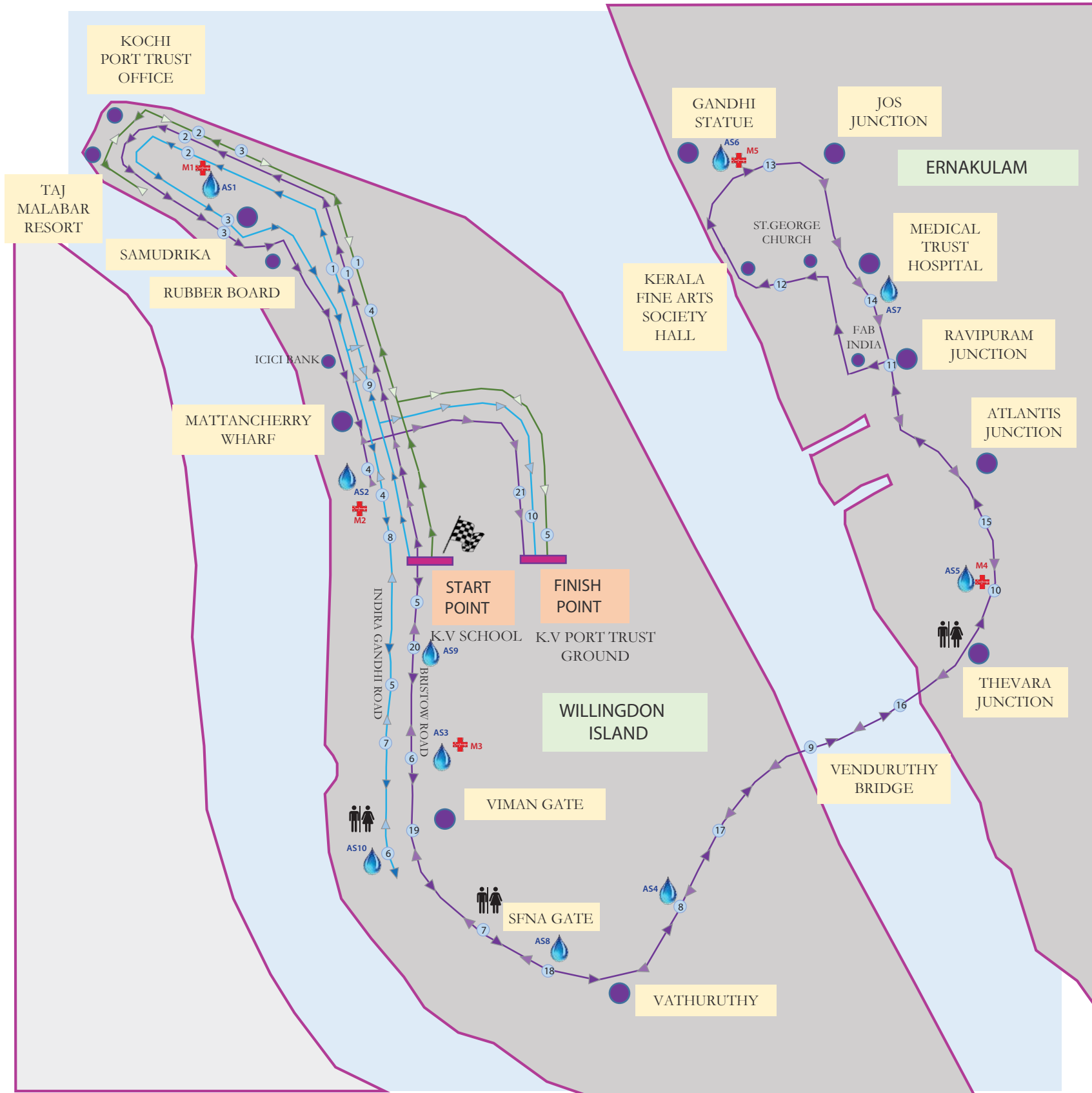










KOCHI NAVY MARATHON





लहरें ज़मीन पर


2018

COURSE MAP



-  **START/ FINSH POINT**
-  **LANDMARKS**
-  **5K ROUTE**
Bristow Rd. Bus Stop - BTP Jetty & Back
-  **10 K ROUTE**
Bristow Rd. Bus Stop-Samudrika-New Toll Booth & Back
-  **21 K ROUTE**
Bristow Rd. Bus Stop-Samudrika-Mattachery Wharf -Bristow Rd-Venduruthy Bridge-Gandhi Statue & Back
-  **HYDRATION/AID STATION (AS)**
-  **TOILET**
Nr. 10 km Turn-around
Nr. Thevara jn.
Nr. SFNA Gate
-  **MEDICAL TENT**

AID STATION (AS)	MEDICAL (M)	LOCATION
1	 (M1)	Nr. Central Accounts Dept.
2	 (M2)	Nr. Storage Depot
3	 (M3)	Nr. Container Corp. of India
4		Nr. Deliverance Church
5	 (M4)	Nr. CCPLM Anglo Indian High school

AID STATION	MEDICAL	LOCATION
6	 (M5)	Nr. Gandhi Statue
7		Nr. Tomson Electronics
8		Nr. SFNA Gate
9		Nr. HHA Tank Terminal
10		Nr. New Toll Booth

Race Start Timings

21 km: 0545 Hrs
10 km: 0600 Hrs
05 km: 0645 Hrs

Venue:
KV Port Trust Ground